Community Immersion Orientation Trip Packing List

Packing: Please do not over-pack, as space in our accommodations is very limited! Suitcases are not
allowed on this trip and students are encouraged to pack belongings in backpacks or duffel bags. You may
also want a separate daypack to hold an extra shirt, water bottle, camera, etc. You will not have a place to
lock up your belongings during the trip, so it is suggested that you limit what valuables you bring to those
which can be carried in your daypack.

Clothing: The weather in Maine during August can range from high 50s at night to 90s during the day.
Shorts, jeans, lightweight shirts, and a jacket or sweatshirt for layering are best. You will need clothes and
shoes that can get dirty at service sites as well as comfortable, casual clothes for recreational activities (such
as going to dinner).

▪ 2-3 outfits for service projects (these may get dirty)
▪ 1-2 shirts
▪ 1 long-sleeved shirt
▪ 1 pair of shorts
▪ 1 pair of pants (e.g., jeans, cargo pants)
▪ 1 pair of sturdy, closed-toe shoes for service projects (sneakers or hiking boots)
▪ 1 pair of footwear for recreational activities
▪ rain jacket
▪ fleece jacket or warm sweatshirt (for chilly nights and mornings)
▪ swimsuit
▪ underwear and socks for 4 days

▪ sleeping bag*
▪ sleeping pad* (most trips will sleep indoors, but a pad will make the floor more
comfortable)
▪ small pillow (your sweatshirt can also work as a pillow)
▪ towel
▪ large water bottle
▪ toiletries (toothbrush, toothpaste, soap, shampoo, etc.)
▪ any medications you might need

▪ hat for sun protection
▪ sunglasses
▪ bug repellent, sunscreen
▪ camera
▪ journal and pen/pencil
▪ small backpack for daytime activities

Please do NOT bring laptops or cell phones-- Leaders will have cell phones and the ability to get in
touch with campus authorities at all times in case of emergency.

* Please contact us as soon as possible if you do not have a sleeping bag or a sleeping pad, and
we’ll work with you to acquire one. If you do not contact us, we will assume that you have one.

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